**RESOURCE DOCUMENT**

**COMPLIANCE CHECKLIST: §18-2-7a**

**Legislative Findings: Required Physical Education; Program in Physical Fitness**

DIRECTIONS: To be considered fully compliant with §18-2-7a, your school must adhere to the core areas outlined in this section of Code. Before you begin self-rating school compliance, you may wish to review the sections of the policy identified in the checklist. These areas will be examined during the on-site review. To determine your level of compliance, use the following guide:

Full Compliance = Compliant with **all** items listed below.

Partial Compliance = Compliant with **more than half** the items listed below.

Non-Compliant = Compliant with **half or less** of the items below.

The following items will be reviewed (1) by examining school documents and (2) interviewing staff.

**(S\_,F\_ below identify the Standard and Function correlating to the High Quality Standards in Policy 2322).**

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| **Compliance** | **Core Areas of §18-2-7a** |
| **Yes No** | 1. Time Requirements (S3,FB)    * Elementary School Grades – Not less than thirty minutes of physical education, including physical exercise and age-appropriate physical activities, for not less than three days a week.    * Middle School Grades – Not less than one full period of physical education, including physical exercise and age-appropriate physical activities, each school day of one semester of the school year.    * High School Grades – Not less than one full course credit of physical education, including physical exercise and age-appropriate physical activities, which shall be required for graduation and the opportunity to enroll in an elective lifetime physical education course.    * Schools which do not currently have the number of certified physical education teachers, do not currently have the required physical setting or would have to significantly alter academic offerings to meet these physical education requirements may develop alternate programs that will enable current staff, physical settings and offerings to be used to meet these physical education requirements. These alternate programs shall be submitted to the state Department of Education and the Healthy Lifestyle Council for approval. |
| **Yes No** | 1. Students in grades four through eight and the required high school course participate in fitness testing. (S3,FD) |
| **Yes No** | 1. Results are shared with students and parents. (S7, FC) |